



# **SCIENTIFIC PROGRAMME FUTURE HEALTH AFTER PREGNANCY (FUHAP)**

**ADVANCING COLLABORATIVE  
RESEARCH AND CLINICAL  
PRACTICES**

**TUESDAY, 11 MARCH, 2025  
09:30 AM – 5 PM**

**GRAND HOTEL ODENSE  
JERNBANEGADE 18  
5000 ODENSE C,  
DENMARK**



# FUTURE HEALTH AFTER PREGNANCY (FUHAP)



## Welcome & Registration

09:30–10:00 – Registration, Breakfast, Coffee & Tea

10:00–10:15 – Welcome by Organising Committee

## Session I: Long-term Risk of Impaired Metabolism and Type 2 Diabetes After Gestational Diabetes Mellitus

Chairs: Chair: Peter Damm, Professor, Centre for Pregnant Women with Diabetes, University of Copenhagen & Claus Bogh Juhl, Professor, Research Unit for Endocrinology, Esbjerg, Denmark

### 10:15–10:40 – **Abnormal Glucose Tolerance in Women Diagnosed with Gestational Diabetes 10 Years After Pregnancy**

*Speaker: Christine Newman, Associate Professor, National University of Ireland, Galway, Ireland*

### 10:40–11:05 – **Future Cardiovascular, Kidney and Mental Health after Gestational Diabetes**

*Speaker: Maria Hornstrup Christensen, Post.doc., Odense University Hospital, Denmark*

### 11:05–11:30 – **Lessons from implementing a multi-disciplinary post-natal maternal health clinic** (virtual presentation)

*Speaker: David McIntyre, Professor, Mater Health, University of Queensland, Australia*

## 11:30–11:45 – Short Break

## Session II: Long-term Cardiovascular Health After Preeclampsia

Chairs: Jens Flensted Lassen, Professor, Head of Research, Dept. of Cardiology, Odense University Hospital & Jenny Myers, Maternal and Fetal Health Research Centre, University of Manchester, UK

### 11:45–12:10 – **Postpartum Blood Pressure Management and Cardiovascular Function in Patients with Hypertensive Disorders of Pregnancy**

*Speaker: Paul Leeson, Professor, Oxford Cardiovascular Clinical Research Facility, University of Oxford, UK*



12:10–12:35 – **Postnatal Cardiovascular Morbidity Following Preterm Pre-eclampsia: Results from the PICK-UP Trial on Postnatal Enalapril**

Speaker: *Laura Ormesher, Academic Clinical Lecturer, Maternal and Fetal Health Research Centre, University of Manchester, UK*

12:35–13:00 – **Hypertensive Disorders of Pregnancy and Long-term Maternal Cardiovascular Risk: Bridging Epidemiological Knowledge into Personalized Postpartum Care**

Speaker: *Ralf Dechend, Professor, HELIOS Clinic, Berlin, Germany*

13:00–14:00 Lunch

**Session III: Early Career Research – Short Oral Presentations**

Chairs: Martin Overgaard, Associate Professor, Head of Research, Department of Clinical Biochemistry, Odense University Hospital & Berit Heitmann, Professor, Department of Public Health, University of Copenhagen

14:00–14:15 – **Early Signs of Cardiovascular Disease after Preeclampsia – The Copenhagen Preeclampsia and Cardiovascular Disease Study**

Speaker: *Maria Guldbrandt Hauge, MD, PhD, Department of Gynecology, Fertility and Obstetrics, Rigshospitalet, Copenhagen University Hospital, Copenhagen, Denmark*

14:15–14:30 – **Optimizing Follow Up after Pregnancies Affected by Gestational Diabetes – The OPTIMAL Study**

Speaker: *Line Sahlholdt, MD, PhD student, Steno Diabetes Center Aarhus, Aarhus University Hospital, Denmark*

14:30–14:45 – **The Impact of Self-Guided Digital Interventions on Symptoms of Perinatal Depression: Systematic Review and Meta-Analysis**

Speaker: *Anja Friis Elliot, PhD student, Research Unit for Digital Psychiatry, Department of Clinical Research, University of Southern Denmark, Odense, Denmark*

14:45–15:00 – **Dietary Changes and their Predictors in the First Year after Childbirth among Danish Women with Recent Gestational Diabetes Mellitus: A post-hoc Longitudinal Analysis from the Face-It Trial**

Speaker: *Anju Rawal, Recent Graduate, Department of Prevention, Health Promotion & Community Care, Copenhagen University Hospital, Steno Diabetes Center Copenhagen, Herlev, Denmark*

15:00–15:15 – **Interim Follow-Up of Women with Gestational Diabetes Mellitus from the EMERGE Trial Reveals High Rates of Obesity and Metabolic Dysfunction**

Speaker: *Robert P. McEvoy, College of Medicine Nursing and Health Sciences, University of Galway, Galway, Ireland*

15:15–15:45 Coffee break

## Session IV: Adverse Pregnancy Outcomes and Future Mental Health

Chair: Mette Bliddal, Associate Professor, PhD, Department of Clinical Research, University of Southern Denmark & Dorte Møller Jensen, Professor, Steno Diabetes Center Odense, Odense University Hospital

### 15:45–16:10 – **Women with Mental Illness: Reproductive and Sexual Inequalities**

*Speaker: Kathryn Abel, Professor of Psychological Medicine and Reproductive Psychiatry, University of Manchester, UK*



### 16:10–16:35 – **Pregnancy Outcomes and Postpartum Mental Health**

*Speaker: Trine Munk-Olsen, Professor, Research Unit of Child and Adolescent Psychiatry, University of Southern Denmark, Odense, DK*

## Sum Up

16:35–17:00 – Wrap up, early career researcher presentation award and conclusions

## Organising committee

Christina Anne Vinter, Associate Professor, MD, PhD  
Department of Obstetrics and Gynecology and Steno Diabetes Center Odense, Odense University Hospital

Jan Stener Jørgensen, Professor, MD, PhD  
Department of Obstetrics and Gynecology, Odense University Hospital

Dorte Møller Jensen, Professor, MD, PhD  
Steno Diabetes Center Odense and Department of Obstetrics and Gynecology, Odense University Hospital

Maria Hornstrup Christensen, Post.doc., PhD, Midwife  
Department of Obstetrics and Gynecology and Steno Diabetes Center Odense, Odense University Hospital

Jenny Myers, Professor, MD, PhD  
Maternal & Fetal Health Research Centre, University of Manchester and  
Consultant Obstetrician, St Mary's Hospital, England

## Sponsors

The networking event is funded by the Danish Diabetes and Endocrine Academy and Novo Nordisk Foundation



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